About Dr. William Davis

William Davis, MD is a preventative cardiologist whose unique approach to diet allows him to advocate *reversal*, not just prevention, of heart disease.

In addition to writing, speaking, and practicing preventive cardiology in Milwaukee, Wisconsin, he is the Medical Director and founder of the [Wheat Belly Lifestyle Institute](#) that helps people navigate this lifestyle and provides a community for further engagement, as well as Medical Director and founder of the [Cureality program](#) that helps educate and inform people in ways to take back control over health.