

## **About A. True Ott, PhD**

A. True Ott received his Bachelors of Arts degree from Southern Utah University in Cedar City, Utah in 1982, and went on to receive his Doctor of Philosophy in the field of Nutrition through the American College in Washington DC in 1994. Dr. Ott's dissertation and research followed the groundbreaking work of Linus Pauling, and asserted via independent research that each mineral on the periodic table of the elements, in its pure hexagonal crystalline form, pulses a specific hertz resonant frequency based on its atomic weight and unique electron configuration. Dr. Ott then measured and graphed the individual resonant frequencies inherent in vitamin and enzyme structures, and independently verified that 23 minerals are the base raw material of nutrition and are vitally important in keeping the human cells in a state of balance or homeostatic health. Dr. Ott has been counseling and lecturing on this most basic form of prime nutrition for over 15 years, and founded Mother Earth Minerals, Inc. in 1997.

Dr. Ott's independent research also verified the importance of free electrons in nutritional, water-soluble mineral supplements, as well as ultra-pure drinking water and oxygen molecules. He developed a patent-pending drinking water product that attaches free electrons to the Hydrogen and Oxygen molecules in ultra-pure, medicinal grade water – making it negatively charged (extra 'free electrons') and then introduced it to individuals suffering from chronic conditions such as diabetes, arthritis, heart disease, etc. Amazingly, the free electrons in Dr. Ott's water product began to reduce the symptoms associated with chronic disease in a very powerful way. As Dr. Ott declared in a recent symposium: "Society has unfortunately taken water for granted. When I share my research on water and minerals with others in the allopathic medical community, the typical response is raised eyebrows and mocking derision. Too often health care professionals, however, forget that the human body is composed of 70% water and 30% minerals – therefore it is simply common sense that pure water combined with pure minerals comprise Mother Earth's medicine chest for all mammalian life forms! It is not rocket science, only basic nutritional truth!"

The author and publisher of dozens of articles and three books on nutrition, Dr. Ott is continually searching for natural solutions and answers to the nation's chronic health problems, and believes that education is the first step. His latest book, *Secret Assassins in Food* blows the whistle on common food additives and is a "must-read" in order to understand some of the more toxic food additives and programs!

From 1996-2001, Dr. Ott worked with Mr. Warren Anderson to produce the radio program "The Story Behind the Story" at KSUB Radio in Cedar City, Utah and was awarded the prestigious Peabody Award for radio documentary.