

About Bruce Fife

Dr. Bruce Fife, C.N., N.D., is an author, speaker, certified nutritionist, and naturopathic physician. He has written over 20 books. He is the publisher and editor of the Healthy Ways Newsletter and serves as the president of the Coconut Research Center, a non-profit organization whose purpose is to educate the public and medical community about the health and nutritional aspects of coconut and related foods. Dr. Fife is considered one of the world's leading experts on dietary fats and oils. He is a popular speaker and travels throughout the world lecturing at health fairs, conferences, hospitals, and spas. He has appeared on hundreds of radio and television programs worldwide.

The Coconut Research Center is a not-for-profit organization operated by an all volunteer staff under the direction of Bruce Fife, N.D. Dr. Fife is the author of 18 books including The Coconut Oil Miracle (formerly titled The Healing Miracles of Coconut Oil), Coconut Lover's Cookbook, and Eat Fat, Look Thin, The Detox Book, Saturated Fat May Save Your Life, and Health Hazards of Electromagnetic Radiation . He is the director of the Southern Colorado chapter of the Weston A. Price Foundation and serves as the editor of the Healthy Ways Newsletter.

[Read Dr. Fife's fascinating story here.](#)

Website: www.coconutresearchcenter.org