

About Dr. Pam Popper

Dr. Pam Popper is a naturopath, an internationally recognized expert on nutrition, medicine and health, and the Executive Director of Wellness Forum Health offering educational programs designed to help consumers and health care providers engage in decision-making about health-related issues and medical care.

Dr. Popper serves on the Physician's Steering Committee and the President's Board for the Physicians' Committee for Responsible Medicine in Washington D.C. Dr. Popper is one of the health care professionals involved in the famed Sacramento Food Bank Project, in which economically disadvantaged people were shown how to reverse their diseases and eliminate medications with diet.

She is a best selling author and has been featured in many widely distributed documentaries, including Processed People, Making a Killing and Forks Over Knives.

Dr. Popper is also a lobbyist and public policy expert, and continually works toward changing laws that interfere with patient's' right to choose their health provider and method of care. She has testified in front of legislative committees on numerous occasions, and has testified twice in front of the USDA's Dietary Guidelines Advisory Committee.

Websites:

drpampopper.com

www.wellnessforum.com