About Dr. William Davis

William Davis, MD is a preventative cardiologist whose unique approach to diet allows him to advocate *reversal*, not just prevention, of heart disease.

In addition to writing, speaking, and practicing preventive cardiology in Milwaukee, Wisconsin, he is the Medical Director and founder of the Wheat Belly Lifestyle Institute that helps people navigate this lifestyle and provides a community for further engagement, as well as Medical Director and founder of the Cureality program that helps educate and inform people in ways to take back control over health.