

About Ken Ludwig

Ken Ludwig or Coach Ken, as he is known, is an Independent Nutritional Products Consultant with Purium. He has an extensive background in coaching and counseling. For 20+ years he has been investigating and using alternative medicine and practices to enhance his own health, as well as the health of those who seek his advice. Ken has spent the last several years coaching over 500 people through nutritional cleansing protocols and guiding them to their best health maintenance regimen.