

ABOUT LAWRENCE WILSON, MD

Dr. Wilson has a medical degree, and works as a nutrition consultant only. For over 30 years, he has specialized in nutritional balancing science, a particular method of improving health that he originally learned from Dr. Paul C. Eck, a brilliant biochemist and founder of Analytical Research Laboratories. Dr. Wilson has no financial interest in this company, but does some technical consulting and teaching for this laboratory.

After about 15 years of office practice, he moved to Prescott, Arizona, where he spends most of his time teaching physicians and nutrition consultants the finer points of nutritional balancing science.

FORMAL EDUCATION

1974-1979: Medical school at the Centro De Estudios Universitarios Xochicalco, AC in Mexico. M.D. degree awarded August, 1979 (awarded through the Universidad Del Estado De Guerrero, Mexico).

1968-1972: Massachusetts Institute of Technology. B.S. degree awarded in June 1972.

OTHER TRAINING AND EDUCATION

1982-1996: Study, internship and research with Dr. Paul C. Eck, mineral researcher and founder of Analytical Research Laboratories, Phoenix, Arizona.

1972: Grant awarded by the Departments of Nutrition and Urban Studies, Massachusetts Institute of Technology, for study of the relationship between urban diets and cancer incidence.

ARTICLES

1983-present: Many articles published in various magazines, journals, and in the Arizona Network News. Over 500 updated articles are available free to the public on this website. [Click here to view all articles](#) on this website.

BOOKS

Nutritional Balancing and Hair Mineral Analysis, (1991, 1998, 2005, 2010),

Healing Ourselves (60 articles about health and nutrition), (1995, 2000, 2002, 2005, 2007).

Sauna Therapy, (2003, 2006, 2011).

Legal Guidelines for Unlicensed Practitioners, (1995, 1998, 2000, 2003, 2005, 2007, 2011).

The Real Self (2003).

Toxic Metals in Human Health and Disease, co-authored with Dr. Paul C. Eck, The Eck Institute of Applied Nutrition and Bioenergetics, Ltd., 1989.

Book Chapter: "Nutrition and Mental Health", in the Maricopa County Mental Health Association, 1991.

Book Chapter: "Vitamin-Mineral Therapy", in the Holistic Help Handbook, 5th edition, by Stanley Kalson, The International Holistic Center, 1990.

Book Chapter: "The Case Against Medical Licensing", in The Dangers of Socialized Medicine, edited by Jacob Hornberger, Future of Freedom Foundation, 1994.
Editor: Nutrition Chapter, Textbook on Health and Wellness, McGraw Hill, 1992.

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