

## **Get to know Lisa Bedford**

I'm a mother of two spectacular home schooled children and wife to a busy husband. I love Mexican food, a slightly messy house, my big ole white Tahoe, blogging and reading good spy thrillers.

## **Why read my blog?**

Technically, the future has always been uncertain. I mean, a massive earthquake could take out half of the United States at any moment, I suppose. What makes right now different is the uncertainty on so many levels: the economy, national security, natural disasters, and a world increasingly filled with threats against our country.

If you've been stashing away a few groceries every week or researching how to make a solar powered generator, you're not alone! I hope you'll find reassurance and practical help here on my blog. Our concerns for the present and future can be channeled into actions that will help provide for and protect our families while still enjoying the heck out of life!

## **And then, there's the book...**

*[Survival Mom: How to Prepare Your Family for Everyday Disasters and Worst Case Scenarios.](#)*

You can read all about it on my Harper Collins [author page](#).

**Website:** [thesurvivalmom.com](http://thesurvivalmom.com)