

## **A little about Oregon Trail Foods**

Even though Oregon Trail Foods was started by Mary and Mike recently, its roots go back over 60 years. In the late 1940's, Mike's grandfather Amos started subscribing to a magazine called Organic Gardening, and in addition to already being a lifelong vegetarian became a fierce advocate for organic farming and products (which is perhaps why he lived to the age of 98!). He believed in growing all of his produce and fruit using only natural fertilizers and pesticides. Many of his projects that were less than successful: several times he had huge compost piles burst into open flames, and his idea of replacing pesticides with cayenne pepper spray made his strawberries hard to eat. His idea of turning old station wagons into greenhouses was less than popular with the neighbors. Nevertheless, he persevered, and what was thought of as odd in the 50's and 60's is today recognized as the healthy and sensible. Based on what they learned from him, Mary and Mike started Oregon Trail Foods using the healthiest products available, the kind that Mike's Grandfather would have approved of: organic, all-natural, non-GMO, and simple.