About Robert Abel, Jr., M.D.

Dr. Abel earned his medical degree at Jefferson Medical College in 1969, completed his ophthalmology residency at Mt. Sinai Hospital and was a Cornea Fellow at the University of Florida. He is a former Clinical Professor of Ophthalmology at Thomas Jefferson University and is on the staff of the Christiana Care Health System. He founded several eye banks and hold patents on artificial corneas. Dr. Abel received the American Academy of Ophthalmology Honor Award, where he instructed cornea microsurgery workshops and was on the Committee on International Ophthalmology. He has done active research on corneal transplants, corneal pathology, contact lenses and drugs as they relate to the eye. He has formulated several vitamins and consults for numerous nutrition companies. Dr. Abel has written extensively in scientific and lay journals and authored eight books including The Eye Care Revolution. He has lectured and taught locally and internationally. In his spare time, he practices Tai-Chi, studies alternative medical systems and enjoys his multicultural family.

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