About Robert Redfern

The author, Robert Redfern is a broadcaster, writer and expert in the field of science of nutrition. Since 2001, he's worked to publicize the scientific studies regarding Serrapeptase, as well as the current results reported by practitioners and users. His books and newsletters are quoted around the world, and he is helping practitioners to succeed, grow, and prosper, by expanding the range and results of their treatments.

Robert's interest in health started when he and his wife Anne decided to take charge of their family's health in the late 80's. Up until 1986, Robert did not take much notice of his health – in spite of Anne's loving persuasion. It took the premature death of his parents, Alfred and Marjorie, who died in their 60's, to shock Robert into evaluating his priorities. They looked at the whole field of health, available treatments and the causes of health problems. They found, from doctors researching the causes of disease, that lifestyle and diet were the most important contributions to Health.

Robert has also helped 100's of thousands of people in over 24 countries though on-line health websites, radio interviews and his nutritional discoveries.

Websites:

www.robertredfern.com www.Serrapeptase.info www.CurcuminHealth.info