



**“Harmonizing relations between people and plants”**



Our mission at Chanchka Remedios is to inspire and activate a connection between plants and people and the rhythms of the natural world through interactive teachings with the plant kingdom and primitive ways of life. We teach harvesting techniques, plant communication, medicinal and edible plants, and primitive living skills. We strive to harmonize the relationship between ourselves, the medicinal and edible plants of the southwest and the natural world. We, at Chanchka Remedios, dedicate our time, love, and resources toward the connection we have with the Earth. It is our intention to support our students in building life-long relationships with the natural world.

Doug Simons, teacher for Chanchka Remedios, began to establish connections with plants at a young age and has been able to carry this solid foundation of knowledge with him. Doug has a unique perspective on human relationships with plants, as he spent 20+ years living "primitively" in Mexico and the Gila wilderness, for much of that time relying completely on wild plants for food, medicine, shelter and fire making. Doug is renowned as an accomplished herbalist having practiced for over 30 years and treating thousands of people. In the last 2 years he has been sharing his wisdom in monthly workshops in the Southwest. His incredible journey of living closely with the plants for over 20 years has given him the direct experience needed to become such a remarkable teacher.

Chanchka Remedios offers workshops every 4-6 weeks in different locations around the Southwestern United States. We offer 1, 2, and 3 day workshops. We are generally in the field with the plants discussing medicinal uses, edible uses, medicine making, identification, or plant communication. When discussing plants, for example, students are not just encouraged to visually identify, but also smell, taste, feel and interact with the plants. Doug believes this creates a deeper connection with them as well as solidifies the learning experience. We also offer a number of classes like fire by friction, basketry, and tooth care each to empower each student and their relationship to the earth.

***\*Six month schedule for Chanchka Remedios\****

January 21<sup>st</sup>-23<sup>rd</sup> – Sonoran Desert near Ajo, AZ

April 8<sup>th</sup>- 10<sup>th</sup> – Gila, NM

February 13<sup>th</sup>-19<sup>th</sup> – Winter Count

May 20<sup>th</sup>-22<sup>nd</sup> – Boulder, CO

March 11<sup>th</sup>-13<sup>th</sup> – Near Phoenix, AZ

June 17<sup>th</sup>-19<sup>th</sup> – Durango, CO

**To host a workshop, attend a workshop, or for general inquiries please contact Chanchka Remedios administrator, Deb Buck, at [whitefeather7777@gmail.com](mailto:whitefeather7777@gmail.com). Coming soon... our website [chanchka.com](http://chanchka.com) will launch in February 2011.**

